



Jan.-Feb., 2026

Classes & Events

Intro to Neurographic Art Class *taught by Teren Neal*

Jan. 7, Wed., 6-8pm, \$45, ages 14 to adult

This simple introduction will teach you the foundational algorithm for drawing the transformative "neuro lines" and developing immediate awareness through freeform drawing. Once learned, this **powerful, portable technique** becomes a versatile, self-soothing tool you can use **anywhere, anytime** for instant self-regulation.

Beginners Art Journaling Class

taught by Stephanie Przybylek, ages 14 to adult

Jan. 14 & 21, Wed., 10am-1pm, 2 classes total, \$60

Have you thought about getting creative but not sure where to start? Jump into art journaling with this two-part workshop. In the first session, we'll explore materials and techniques to make your own colorful papers, and what other scraps and found ephemera you might want to gather. In the second session, we'll explore several ways to assemble these materials into a personal journal. Journals can be spaces for written exploration, artistic exploration, testing new materials, or experimenting with techniques. No experience necessary, materials provided and the only thing you need to bring to the first class is enthusiasm!

Intermediate Neurographic Art Class: Deepening Your Personal Transformation *taught by Teren Neal*

Jan. 21, Wed., 6-8pm, \$45, ages 14 to adult

This course is a gentle but powerful next step for those of you who have experienced the calm of the basic technique. We'll move beyond simple stress relief and start using the beautiful, winding Neurographic line to consciously address the stories, goals, and deeper desires within your life. It's an opportunity to truly connect with your inner landscape and let the art guide your healing.

Marsha Neal Studio Bead Trunk Show

Jan. 24, Sat. 12-5pm, Jan. 25, Sun., 12-4pm

Marsha will be bringing in her trays of ceramic beads and cabochons, bracelet kits and hand painted silks for a 2-day pop-up trunk show at Bellefonte Arts. For her bead show customers, you can find new beads in all your favorite glaze colors and designs, in a location just minutes off of I-495 in

Marsha Neal Studio Bead Trunk Show (continued)

Wilmington, Delaware. During your visit, stop by the Bellefonte Cafe for a bite to eat and shop the local small businesses for some unique art and treasures.

Sarafina Style Needle Felting Cardinal

taught by Marsha Neal Studio

Jan. 27, Tues., 6-8:30pm, \$45, ages 14 to adult

Would you enjoy having a handmade cardinal to decorate a floral wreath or to use as an ornament in your home? In this beginner class you will learn basic needle felting skills of working with a wire form and different wool wrapping techniques to sculpt this hand sized male cardinal. You will have two needle felting needles, a foam stabbing surface and enough materials to complete a second on your own.

Art Loop: Mt. Pleasant High School Art Exhibition

Feb. 6, Fri., 5-8pm, Reception. Show runs to March 1

BA is excited to announce our first Art Loop of 2026! Join us for the 4th Annual Joy Littleton Art Student Exhibition - Featuring students from Mount Pleasant High School's Visual Arts Program.

This show was initiated in 2022 by our dear member and friend, Joy Littleton who was a former art teacher at Mount Pleasant High School. Bellefonte Arts honors her memory by continuing to showcase the talented students of the MPHS art program

Sarafina Style Needle Felted Hedgehog

taught by Marsha Neal Studio

Feb. 7, Saturday, 10am-12pm, \$45, ages 14 to adult

Come and join Marsha for a morning of fluffy wool stabbing to sculpt and make these hand sized Sarafina Style Hedgehogs. We will use a pipe cleaner to create the body shape and will add shapes and wrap the wool to create one of these in class. You will have enough knowledge, materials, and tools to make a second on your own.



Enroll in Classes:

<https://www.bellefontearts.com/classes>

*All events take place at Bellefonte Arts,
803-C Brandywine Blvd., Bellefonte DE 19809*