



Nov./Dec. Classes

Crochet Holiday Trees (*Advanced Beginner Level*)

taught by Leslie Friedman

Nov. 15, Sunday, 1-3pm, \$45

These stuffed trees are great decorations in a basket or hanging from a tree. A crochet hook, yarn and polyfill will be provided for the students to keep. Skills needed - chain stitch and single crochet. Knowing how to increase is a plus!

Intro to Neurographic Art *taught by Teren Neal*

Wednesday, Nov 19, 6-8pm, \$45

This simple introduction will teach you the foundational algorithm for drawing the transformative "neuro lines" and developing immediate awareness through freeform drawing. Once learned, this **powerful, portable technique** becomes a versatile, self-soothing tool you can use **anywhere, anytime** for instant self-regulation.

Beginner Crochet \$45 per session

taught by Leslie Friedman

Mon., Nov 24 or Wed., Dec 10, 6-8pm,

Students will learn how to do the chain stitch and go on to the single crochet stitch. After learning the single crochet, students will leave with the knowledge and materials to work on a dishcloth on their own. A crochet hook and yarn will be provided for the students to keep.

Intermediate Crochet Dishcloth

taught by Leslie Friedman, Mon., Dec 1, 6-8pm, \$45

Have you taken a basic crochet class and want to move forward to a simple project? This is for you! If you know how to do the chain and single crochet stitches, you can make this dishcloth.

Materials: A crochet hook and yarn will be provided for the students to keep.



Beginner Santa/Gnome and Snowperson Ornament

Class taught by Marsha Neal Studio

Dec. 3, Wed., 6-8:30pm, \$45

Ready to work on some basic needle felting skills to make some fun ornaments for the holiday season? Learn to use tools, wool and needle felting needles to sculpt different shapes and create a Snowperson and a Santa or Gnome. You should be able to finish a set of 3 ornaments in class, and have enough knowledge, materials and tools to finish a few more on your own.

Holiday Decoupage Votives *taught by Terry*

Foreman

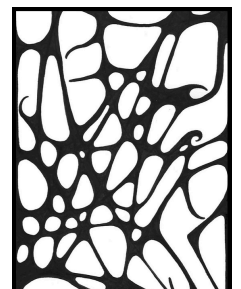
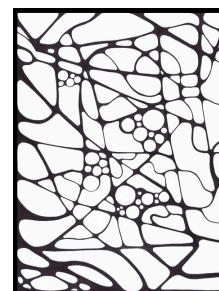
Dec. 14, Sunday, 1-3pm, \$32

Play with decoupage papers, metallic markers and fun graffiti doodles on glass jars to make unique holiday votives. Class includes everything you'll need to make at 1-2 votives. All materials supplied. Bring a drink/snack.

Intermediate Neurographic Art: Deepening Your Personal Transformation *taught by Teren Neal*

Dec. 17, Wed., 6-8pm, \$45

This course is a gentle but powerful next step for those of you who have experienced the calm of the basic technique. We'll move beyond simple stress relief and start using the beautiful, winding Neurographic line to consciously address the stories, goals, and deeper desires within your life. It's an opportunity to truly **connect with your inner landscape** and let the art guide your healing.



Enroll in Classes:

<https://www.bellefontearts.com/classes>
All events take place at Bellefonte Arts,
803-C Brandywine Blvd., Bellefonte DE
19809